Conditional vs. marginal estimators of within-pair regression effects in individually-matched case-control studies and twin cohorts

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Acknowledgeme

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## Acknowledgements No. 1

Jack and Jill...

#### John Carlin Jonathan Sterne John Hopper

and

#### **Gillian Dite**

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# Acknowledgements No. 2

Collaborators on the more recent work on binary data...

Martin Hazelton Fizz Williamson Sabria Khan

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# Outline

- Background and motivation
- Regression models for continuously-valued paired exposure and outcome data
- History
- Conditional estimators
- Binary data (both exposure and outcome)
- Estimators of within-pair effect
- Simulation results
- Extensions

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#### Paired data

- Twins provide naturally matched pairs for studies of human health, although paired data goes beyond just twins.
- We can can exploit within-pair comparisons of data to avoid confounding associations between outcomes and exposures by shared factors.
- Specific assumptions about shared factors allow the determination of genetic and environmental contributions to disease risk.

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### Twin Studies - 1

- Tradition of focussing on genetic hypotheses
- Decompose variation in a quantitative trait
- Compare within-pair correlation of DZ with MZ ( $\frac{1}{2}$  under the additive genetic model)
- Classical Twin Model assumes that variation attributable common or shared environment is the same for DZ and MZ twins
- Lower DZ than MZ within-pair correlation provides evidence that a trait is determined by genetic factors

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### **Twin Studies - 2**

- Can the twin context provide greater insight on associations?
  - Cardiovascular risk (blood pressure) with birthweight
  - Cancer risk (breast density) with physical measures (height, weight, BMI)
- Ideally like to separate the effect of shared and individual factors (*eg* maternal versus placental)
- When can a regression relationship be said to have a genetic basis?

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# Individual twin regression

Exposure variable  $x_{ij}$  and binary outcome  $y_{ij}$  for  $i = 1, \ldots, n$  and j = 1, 2. A cross-sectional or individual-level regression model might propose that

$$E(y_{i1}) = \alpha + \beta x_{i1}$$
$$E(y_{i2}) = \alpha + \beta x_{i2}$$

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### Individual twin regression

$$E(y_{i1}) = \alpha + \beta x_{i1}$$
$$E(y_{i2}) = \alpha + \beta x_{i2}$$

If we take the difference between the two equations we get

$$E(y_{i1} - y_{i2}) = \beta(x_{i1} - x_{i2})$$

If we take the average between the two equations we get

$$E(\overline{y}_i) = \alpha + \beta \overline{x}_i$$

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#### Between- and within-pair regression

These are special cases of a model general model

$$E(y_{i1}) = \beta_0 + \beta_w(x_{i1} - \overline{x}_i) + \beta_b \overline{x}_i$$
  

$$E(y_{i2}) = \beta_0 + \beta_w(x_{i2} - \overline{x}_i) + \beta_b \overline{x}_i$$

where  $\overline{x}_i = (x_{i1} + x_{i2})/2$ . Since

$$\begin{aligned} x_{i1} - \overline{x}_i &= (x_{i1} - x_{i2})/2 \\ x_{i2} - \overline{x}_i &= (x_{i2} - x_{i1})/2 \\ &= -(x_{i1} - x_{i2})/2 \end{aligned}$$

we can re-write the multivariable between- and within-pair model as...

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### Between- and within-pair regression

These are special cases of a model general model

$$E(y_{i1}) = \beta_0 + \beta_w(x_{i1} - x_{i2}) + \beta_b \overline{x}_i$$
  

$$E(y_{i2}) = \beta_0 + \beta_w(x_{i2} - x_{i1}) + \beta_b \overline{x}_i$$

Univariate regressions of the within-pair differences and within-pair means yield estimates of  $\beta_w$  and  $\beta_b$  respectively.

Simultaneous estimation of  $\beta_w$  and  $\beta_b$  from the multivariable model generates the same estimates for OLS and GLS (but standard errors will differ).

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### Interpretation - 1

- β<sub>w</sub> is the expected change in the the outcome y for a unit change in the *deviation* of the exposure x from the pair mean, holding this pair mean constant.
- β<sub>b</sub> is the expected change in the outcome y for a unit change in the pair mean x̄, holding the within-pair deviation (difference) constant.

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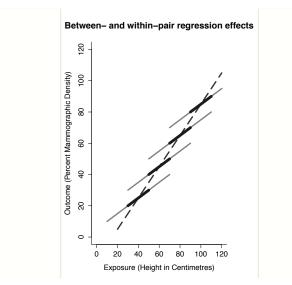
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# Illustration of between- and within-pair effects



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### Interpretation - 2

What we are postulating is

- A model for the expected value of the outcome y can be improved by using data from pairs.
- A good way to do this is to relate the expected value of y<sub>i1</sub> not just to x<sub>i1</sub> (the twin's own exposure value) but also to their co-twins exposure value x<sub>i2</sub>.
- The expected difference in outcome y comparing between two x values may depend on whether we are comparing (i) co-twins with each other within-pair; or (ii) unrelated twins between pairs.

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### Twin – Co-Twin regression

The multivariable model re-expressed

$$E(y_{i1}) = \beta_0 + \beta_t x_{i1} + \beta_c x_{i2}$$
  

$$E(y_{i2}) = \beta_0 + \beta_t x_{i2} + \beta_c x_{i1}$$

where

$$\beta_t = (\beta_w + \beta_b)/2$$
  
$$\beta_c = (\beta_w - \beta_b)/2$$

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from which we can see that  $\beta_c = 0$  ( $E(y_{i1})$  does not depend on  $x_{i2}$  and *vice versa*) is equivalent to  $\beta_w = \beta_b$  (between- & within-pair reg. effects are the same).

### Individual twin regression

Recall the individual-level regression model

 $E(y_{i1}) = \alpha + \beta x_{i1}$  $E(y_{i2}) = \alpha + \beta x_{i2}$ 

If the multivariable between- and within-pair regression model is correct, then fitting the individual-level regression (again, by either OLS or GLS) produces and estimate of  $\beta$  that is a weighted average of the corresponding estimates of  $\beta_w$  and  $\beta_b$  with weights that depend on  $\rho_x$  and  $\rho_y$ , the observed within-pair correlation of x and y respectively.

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# Weighted average estimates of $\beta$

This results first came to my attention through **biostatistics** via the seminal paper by Neuhaus & Kalbfleisch (1998) in *Biometrics*.

Neuhaus & Kalbfleisch (1998), however, quote Scott & Holt (1982) in *J. Amer. Stat. Assoc.*, a paper on two-stage **sample surveys**.

Scott & Holt (1982) in turn trace the result back to Maddala (1971) in *Econometrica*, so we're now in **economics** where the interest at the time was "pooling cross section and time series data". Acknowledgeme

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# Weighted average estimates of $\beta$

There's more: Maddala (1971) references this

Wallace TD & Hussain A (1969). The use of error components models in combining cross section with time series data. *Econometrica*, **37**, 55–72,

which in turn refers to this

**Hildreth C** (1950). Combining Cross-Section Data and Time Series. Cowles Commission Discussion Paper: Statistics No. 347, May 15, 1950. Acknowledgeme

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### Weighted average estimates of $\beta$

This led me to propose **Gurrin's Law**: One can always find a reference to the between- and within-cluster "beta is weighted average" result published before one was born *regardless* of how old one is! Acknowledgeme

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#### Papers by John Neuhaus et al.

- Neuhaus JM & Jewell N (1990). The effect of retrospective sampling on binary regression models for clustered data. *Biometrics*, 46, 977 – 990.
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- Dwyer T, Blizzard CL. (2005). A discussion of some statistical methods for separating within-pair associations among all twins in research on fetal origins of disease. Paediatric and Perinatal Epidemiology, 19(1), 48 – 53.
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### The Sjolander Show

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# **Binary** x and y

- ► We now consider the scenario where both x<sub>ij</sub> and y<sub>ij</sub> are binary 0/1 variables.
- ▶  $x_{i1} \overline{x}_i = (x_{i1} x_{i2})/2 = -(x_{i2} x_{i1})/2$ can take only three values:  $-\frac{1}{2}$ , 0 or  $\frac{1}{2}$ .
- $\overline{x}_i$  can take only three values: 0,  $\frac{1}{2}$  or 1.
- A pair is exposure-concordant if x<sub>i1</sub> = x<sub>i2</sub>, so x̄<sub>i</sub> = 0 or x̄<sub>i</sub> = 1, otherwise it is exposure-discordant where x̄<sub>i</sub> = 1/2.
- ► A pair is outcome-concordant if y<sub>i1</sub> = y<sub>i2</sub>, otherwise it is outcome-discordant.

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### Individual twin regression

Exposure variable  $x_{ij}$  and binary outcome  $y_{ij}$ with expectation  $p_{ij}$  for pair *i* and individual *j*. An ordinary logistic regression model implies:

$$\log\left(\frac{p_{ij}}{1-p_{ij}}\right) = \beta_0 + \beta x_{ij}$$

So for each pair we have:

$$\log\left(\frac{p_{i1}}{1-p_{i1}}\right) = \beta_0 + \beta x_{i1}$$
$$\log\left(\frac{p_{i2}}{1-p_{i2}}\right) = \beta_0 + \beta x_{i2}$$

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### Individual twin regression

Within-pair difference in the two regression equations:

$$\log\left(\frac{p_{i1}}{1-p_{i1}}\right) - \log\left(\frac{p_{i2}}{1-p_{i2}}\right) = \beta(x_{i1}-x_{i2})$$

Average the two regression equations:

$$\frac{1}{2} \left[ \log \left( \frac{p_{i1}}{1 - p_{i1}} \right) + \log \left( \frac{p_{i2}}{1 - p_{i2}} \right) \right] = \beta_0 + \beta \overline{x}_i$$

- Both equations depend on the exposure x through the regression coefficient β.
- We can, however, generalise to allow the exposure effect on the within-pair log odds ratio and the between-pair average log odds to be distinct.

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#### Between- and within-pair regression

► The model proposed by Neuhaus & Kalbfleisch (1998) where p<sub>ij</sub> = E(y<sub>ij</sub>) is

$$\log\left(\frac{p_{ij}}{1-p_{ij}}\right) = \beta_0 + \beta_w(x_{ij} - \bar{x}_i) + \beta_b \bar{x}_i$$

for 
$$j = 1, 2$$
 and  $\bar{x}_i = (x_{i1} + x_{i2})/2$ .

#### We can also write

$$\log\left(\frac{p_{ij}}{1-p_{ij}}\right) = \beta_0 + \beta_w \frac{1}{2}(x_{ij} - x_{ik}) + \beta_b \bar{x}_i$$

where k = (3 - j), indicting that this model has terms for both between- and within-pair regression effects.

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### Paired data in matched studies

- Binary outcome data from individual matched pairs is typically analysed for associations with exposures using conditional logistic regression (CLR).
- CLR uses the likelihood *conditional* on the sum of the pair's outcome (0, <sup>1</sup>/<sub>2</sub> or 1) to estimate the regression parameter β.

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### Paired data in matched studies

- Pairs that are either outcome-concordant or exposure-concordant do not contribute to the conditional likelihood.
- So in an individually matched case-control study, where y<sub>i1</sub> ≠ y<sub>i2</sub> by design, only exposure-discordant pairs contribute to the estimation of β, an inherently within-pair regression parameter.

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### Paired data in cohort studies

- But what about outcome-concordant twinor sib-pairs appearing in cohort studies?
- Can their inclusion improve the precision of estimation of regression parameters while still maintaining the benefits of a paired analysis?

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### Paired data in cohort studies

- We know their inclusion does not influence the results of CLR.
- But what about the multivariable betweenand within-pair regression model?
- What is the relationship between estimates of β from CLR and estimates of β<sub>w</sub> from ordinary logistic regression with the multivariable model?

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### Estimation of $\beta_b$ and $\beta_w$

- Use ordinary logistic regression (OLR) on all pairs to estimate β<sub>0</sub>, β<sub>w</sub> and β<sub>b</sub>, and take β<sub>w</sub> as our association parameter. The OLR estimate of β<sub>w</sub> depends on the assumptions for β<sub>0</sub> & β<sub>b</sub> (*ie* whether we estimate them or set them to zero).
- Use conditional logistic regression (CLR) on pairs that are both exposure-discordant and outcome-discordant (so "doubly-discordant") pairs to estimate β<sub>w</sub>. The CLR model does not have parameters β<sub>0</sub> and β<sub>b</sub>.

There is a "close empirical correspondence" (Neuhaus & Kalbfleisch (1998), Ten Have *et al.* (1995), Sjolander *et al.* (2012)) between the OLR and CLR estimates... ...but they are **not** formally identical. Acknowledgem

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Table : Summary of paired binary data for one pair member exposed and one pair member unexposed

	Unexposed member $(x_2 = 0)$			History Binary data Estimation of regression
	Èvent	No event		parameters
	$(y_2 = 1)$	$(y_2 = 0)$	Totals	
Exposed member				
$(x_1 = 1)$				
Event $(y_1 = 1)$	$n_{11}$	$n_{10}$	$n_{11} + n_{10}$	
No event $(y_1=0)$	$n_{01}$	$n_{00}$	$n_{01} + n_{00}$	
Totals	$n_{11} + n_{01}$	$n_{10} + n_{00}$	$\sum n_{ij}$	

# **CLR** estimator of $\beta_w$

For a single binary exposure the CLR estimate of  $\beta_w$  is the log ratio of number of exposure-outcome concordant pairs  $(n_{10})$  to exposure-outcome discordant pairs  $(n_{01})$  among **outcome-discordant** pairs:

$$\hat{\beta}_w(\mathsf{CLR}) = \log(n_{10}/n_{01})$$

with standard error

s.e.
$$(\hat{\beta}_w(\text{CLR})) = \sqrt{n_{10}^{-1} + n_{01}^{-1}}.$$

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### **OLR estimators of** $\beta_w$ : $\beta_b = \beta_0 = 0$

For OLR there is an addition contribution from the  $n_{11} + n_{00}$  exposure-discordant pairs that are **outcome-concordant** pairs. For  $\beta_b = \beta_0 = 0$ we have

$$\hat{\beta}_w(\mathsf{OLR}, \beta_b = \beta_0 = 0) = 2\log\left(\frac{n_{10} + \frac{1}{2}(n_{11} + n_{00})}{n_{01} + \frac{1}{2}(n_{11} + n_{00})}\right)$$

with s.e.
$$(\hat{eta}_w(\mathsf{OLR}),eta_b=eta_0=0)=$$

$$\sqrt{\left(n_{10} + \frac{1}{2}(n_{11} + n_{00})\right)^{-1} + \left(n_{01} + \frac{1}{2}(n_{11} + n_{00})\right)^{-1}}$$

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Simulation Conclusions **OLR estimators of**  $\beta_w$ :  $\beta_b \neq 0, \beta_0 \neq 0$ For  $\overline{x}_i$  categorical,  $\beta_b$  and  $\beta_0$  replaced with their MLE's we have

$$\hat{\beta}_w(\mathsf{OLR}) = \log\left(\frac{n_{10} + n_{11}}{n_{01} + n_{11}} \times \frac{n_{10} + n_{00}}{n_{01} + n_{00}}\right)$$

with s.e.
$$\left(\hat{eta}_w(\mathsf{OLR})
ight)^2=$$

$$(n_{10} + n_{11})^{-1} + (n_{01} + n_{11})^{-1} + (n_{10} + n_{00})^{-1} + (n_{01} + n_{00})^{-1}$$

where

$$n = n_{00} + n_{01} + n_{10} + n_{11}.$$

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# **OLR estimators of** $\beta_w$ : **General Form** More generally we have $\hat{\beta}_w =$

$$\log\left[\frac{n_{10}^{1-\alpha_1/2} + \alpha_2(\alpha_3 n_{11} + (1-\alpha_3)n_{00})}{n_{01}^{1-\alpha_1/2} + \alpha_2(\alpha_3 n_{11} + (1-\alpha_3)n_{00})}\right]$$

$$\times \left[ \frac{n_{10}^{1-\alpha_1/2} + \alpha_2((1-\alpha_3)n_{11} + \alpha_3 n_{00})}{n_{01}^{1-\alpha_1/2} + \alpha_2((1-\alpha_3)n_{11} + \alpha_3 n_{00})} \right]$$

where 
$$(\alpha_1, \alpha_2, \alpha_3) =$$
  
 $(1, 0, 0)$  for CLR;  
 $(0, \frac{1}{2}, \frac{1}{2})$  for OLR with  $\beta_b = \beta_0 = 0$ ; and  
 $(0, 1, 0)$  for OLR with  $\beta_b = \hat{\beta}_b$  and  $\beta_0 = \hat{\beta}_0$ 

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#### **Unanswered questions**

- The result when β<sub>b</sub> ≠ 0 and β<sub>0</sub> ≠ 0 is from Sjolander *et al.* (*Stat. Sci.*, 2012). They state "...the decomposition into within- and between-effects is a legitimate method for binary exposures, which was questioned by Carlin *et al.* (2005)".
- ► BUT this result only applies when we model the mean effect m(x̄<sub>i</sub>) as

$$\beta_0 \mathbf{I}(\overline{x}_i = 0) + \beta_{0.5} \mathbf{I}(\overline{x}_i = 0.5) + \beta_1 \mathbf{I}(\overline{x}_i = 1)$$

that is, the mean appears in the regression equation as a categorical variable.

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### **Unanswered questions**

- In this case only exposure-concordant pairs contribute to estimating β<sub>w</sub>, so it's not much of a "decomposition into within- and between-effects".

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#### Simulation: $\beta_0 = \beta_b = 0$ , $\beta_w = 1$

Table : Summary of simulation results for 100 datasets with 500 twin pairs. True values are  $\beta_0 = 0$ ,  $\beta_b = 0$ ,  $\beta_w = 1$ .  $z \sim N(0, \sigma^2)$  with between- and within-pair std dev  $\sigma = 2$ . The observed binary covariate is x = I(z > 0).

Empirical Mean Model Simulation Std Frr Std Err Estimate -References CLR 0.28 0.980.25OLR 0.960 24 0.26 $(\beta_b = \beta_0 = 0)$ OI R 0 24 0.260.97 $(\beta_b = \hat{\beta}_b, \beta_0 = \hat{\beta}_0)$ 

### Simulation: $\beta_0 = 0$ , $\beta_b = \beta_w = 1$

Table : Summary of simulation results for 100 datasets with 500 twin pairs. True values are  $\beta_0 = 0$ ,  $\beta_b = 1$ ,  $\beta_w = 1$ .  $z \sim N(0, \sigma^2)$  with between- and within-pair std dev  $\sigma = 2$ . The observed binary covariate is x = I(z > 0).

Empirical Mean Model Simulation Std Frr Std Err Estimate -References CLR 0.29 1.020.28 OLR 0.920 24 0.26 $(\beta_b = \beta_0 = 0)$ OI R 0.260.270.99 $(\beta_b = \hat{\beta}_b, \beta_0 = \hat{\beta}_0)$ 

### Conclusions

- CLR and OLR estimators of the within-pair regression effect are specific examples of a general estimator that assigns weights to count data from outcome-concordant exposure-discordant pairs.
- OLR estimators are potentially more efficient than CLR estimators since they use data from all exposure-concordant pairs, rather than just those that are outcome-discordant, an assertion that is born out by our simulation studies.

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# **Extension 1: Two time-points**

Let  $y_{ijk}(x_{ijk})$  be the outcome (exposure) at time k = 1, 2 for the  $j^{\text{th}}$  twin in the  $i^{\text{th}}$  twin pair.

Then we can decompose  $x_{ijk}$  as using a two-way analysis of variance

$$x_{ijk} = 0.5(x_{ijk} - \overline{x}_{ij.}) + 0.5(x_{ijk} - \overline{x}_{i.k}) + 0.5(\overline{x}_{ij.} - \overline{x}_{i..}) + 0.5(\overline{x}_{i.k} - \overline{x}_{i..}) + \overline{x}_{i..}$$

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# **Extension 2: Count data**

Between- and within-pair effects for **Poisson** regression of count outcomes. The unconditional estimate (OPR?) of  $\beta_w$  is the difference in the log of the mean count between exposed and unexposed.

The conditional estimate (CPR?) of  $\beta_w$  is (approximately) the log of the mean difference in counts d between exposed and unexposed (if d > 0). More formally

$$\exp(\hat{\beta}_w) = d/2 + \sqrt{(d/2)^2 + 1}$$

so  $\exp(\hat{\beta}_w) > 0$  even if d < 0.

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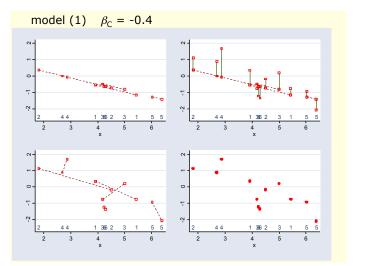
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model (2a)  $\beta_{\rm W} = -0.8$ ,  $\beta_{\rm B} = 0$ ~-~ ---0-0  $\overline{\gamma}$  . 7 Ϋ. Ņ 44 1 366 2 3 1 55 2 44 1 366 2 3 55 3 5 2 3 5 4 4 ~ + ∾-. ÷----0-0.  $\nabla \cdot$ Ξ Ϋ. ñ 44 1 366 2 3 55 44 1 366 2 5 5 6 3

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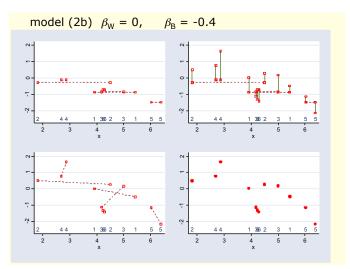
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х

3

5

model (2c)  $\beta_{\rm W} = -0.8$ ,  $\beta_{\rm B} = -0.4$ ~-~ ~ -0 0. γ.-7 <u>γ</u>ñ 2 44 1 366 2 3 1 5 5 44 1 366 2 5 5 3 6 5 2 3 5 3 4 4 ~-~ -÷---0-0. γ-7 <u>ې</u> ـ <u>ې</u> -

5

6

44

3

2

1 366 2 3

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4

х

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